

Research article

**Anthelmintic activity of Ethanolic extract of whole plant of *Eupatorium Odoratum*. L**

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**Abstract**

Successive extracts from the Whole plant of *Eupatorium Odoratum*. L (Asteraceae) were investigated for their anthelmintic activity against *Pheretima posthuma* and three concentrations (10, 50 and 100 mg/ml) of each extracts were studied in activity, which involved the determination of time of paralysis and time of death of the worm. Ethanolic extract exhibited significant anthelmintic activity at highest concentration of 100 mg/ml. Piperazine citrate in 10 mg/ml concentration as that of extract was included as standard reference and 1% Gum acacia in normal saline as control. The anthelmintic activity of ethanolic extract was significant followed by hydroalcoholic extract of *Eupatorium Odoratum*.

**Keywords:** Anthelmintic activity, *Eupatorium Odoratum*, *Pheretima posthuma*, Piperazine citrate.

**Introduction**

Helminth infections are among the most common infections in man, affecting a large proportion of population all over the world. In developing countries they pose a large threat to public health and contribute to the prevalence of malnutrition, anaemia, eosinophilia and pneumonia. Although the majority of infections due to worms are generally limited to tropical regions [1].

Parasitoses have been of concern to the medical field for centuries and the helminths still cause considerable problems for human beings and animals. During the past few decades, despite numerous advances made in understanding the mode of transmission and the treatment of these

parasites, there are still no efficient products to control certain helminths and the indiscriminate use of some drugs has generated several cases of resistance[2-4]. Furthermore, it has been recognized recently that anthelmintic substances having considerable toxicity to human beings are present in foods derived from livestock, posing a serious threat to human health [5,6]. Consequently, the discovery and development of new chemical substances for helminth control is greatly needed and has promoted studies of traditionally used anthelmintic plants, which are generally considered to be very important sources of bioactive substances [7].

Since the time immemorial, our traditional system of medicine and folklore claiming that medicinal plants as a whole or their parts are being used in all types of diseases successfully including antibacterial and anthelmintic, anti-inflammatory etc. As we know very well, now a days the medicinal preparation available in the market from which most of them either not effective up to the mark or has to develop resistance resulting in reoccurrence again. Plant derived drug serve as a prototype to develop more effective and less toxic medicines.

*Eupatorium Odoratum* commonly known as Pogosongha (Hindi) is widely distributed in forest of India. It also known as bitter bush, Siam weed, baby tea, and Santa Maria. It is an erect herb of about 3 m high. The leaves are alternate and the fruits are one-seeded. It may reach 1 m or more as a free standing shrub and 4 m or more when climbing into trees or shrubs. Stems reach 2 cm in diameter [8]. Traditionally *Eupatorium* has many more presumed beneficial uses, including treatment of dengue fever, arthritis, certain infectious diseases, migraine, intestinal worms, malaria, and diarrhea [9]. The whole plant extract possess diuretic activity [10]. The leaves of *Eupatorium* shown anti-inflammatory [11], wound healing [12] and insect repellent properties [13]. Flavonoids from the flowers of *Eupatorium odoratum* have shown antimycobacterial activity and cytotoxicity [14]. Phytochemical analysis of extract of *Eupatorium Odoratum* showed the presence of steroids, triterpenes alkaloids, flavonoids, tannins, diterpenes, glycosides, lactones and saponins [15]. The present study was carried out to investigate the whole plant extract for anthelmintic activity.

## Material and Methods

### Plant Material

Whole plant material of *Eupatorium odoratum* was collected from local area of Koraput (Orissa) India. It was identified and authenticated by Mr. Kartik Charan Lenka, Scientist (Taxonomy, Biodiversity & Ethno botany of Eastern ghat)

Jeypore, at Bijju Patnaik Plant Garden & Research Center M. S. Swaminathan Research Foundation Jeypore, Orissa. A voucher specimen in deposited in Department of Pharmacognosy.

### Preparation of Extracts

The whole plant material was collected in the month of October 2008, shade dried and powdered. 250gm of powder was subjected to successive soxhlet extraction by various solvent such as petroleum ether, chloroform, ethanol and hydroalcohol (40%). The solvent was then removed under reduced pressure the yield obtained was petroleum ether (3.8%), chloroform (3.5%), ethanol (5.2%) and hydroalcohol (4.1%) w/w with respect to dried powder. which were used for anthelmintic activity.

### Phytochemical screening [16]

The Successive extract was subjected to preliminary phytochemical testing for the detection of major chemical groups. The details of the tests are as follows:

1. For phenols: The extract was spotted on a filter paper. A drop of phosphomolybdic acid reagent was added to the spot and was exposed to ammonia Vapours (Blue coloration of the spot indicates the presence of phenols).
2. Braemer's test for tannins: To a 2–3 ml of extract, 10% alcoholic ferric chloride solution was added. (Dark blue or greenish grey coloration of the solution indicate the presence of tannins in the drug).
3. Liebermann-Burchardt test for steroids and terpenoids: To 1 ml of extract of drug, 1 ml of chloroform, 2–3 ml of acetic anhydride and 1 to 2 drops of concentrated sulfuric acid were added. (Dark green coloration of the solution indicates the presence of Steroids and dark pink or red coloration of the solution indicate the presence of terpenoids).
4. Alkaloids: To 2–3 ml of extract was spotted on a small piece of precoated TLC plate and the plate was sprayed with modified Dragendorff's reagent. (Orange coloration of the spot indicates the presence of alkaloids).
5. Bornträger's test for anthraquinones: About 50mg of extract was heated with 10% ferric chloride solution and 1 ml of concentrated

hydrochloric acid. The extract was cooled, filtered and the filtrate was shaken with diethyl ether. The ether extract was further extracted with strong ammonia. (Pink or deep red coloration of aqueous layer indicate the presence of anthraquinones).

6. Shinoda test for flavonoids: To 2–3 ml of extract, a piece of magnesium ribbon and 1 ml of concentrated hydrochloric acid were added. (Pink red or red coloration of the solution indicate the presence of flavonoids in the drug).

### **Anthelmintic Bioassay**

Healthy adult Indian earthworms, *Pheretima postuma*, (Annelida, Megescolecidae) due to its anatomical and physiological resemblance with the intestinal roundworm parasites of human beings [17,18], were used in the present study. All earthworms were of approximately equal size. They were collected from local place, washed and kept in water.

### **Assessment of Anthelmintic Activity**

Anthelmintic activity was assessed using earthworms by the reported methods with slight modification [19]. Samples for anthelmintic activity were prepared by dissolving 2.5 gm dried crude extracts in 25 mL 1% gum acacia solution prepared in normal saline (vehicle). To obtain a stock solution, different working solutions were prepared to get a concentration range of 10, 50 and 100 mg/mL. The anthelmintic activity was evaluated on adult Indian earthworm, *Pheretima postuma* due to its anatomical and physiological resemblance with the intestinal round worm parasites of human being [20]. The anthelmintic activity of successive extract whole plant material of *Eupatorium odoratum* was determined by using the method of Mathew *et al* [21]. Six groups of approximately equal size Indian earthworms consisting of six earthworms in each group were used for the study. Each group was treated with one of the following.

Group-I - Vehicle (1% Gum acacia in normal saline)

Group-II - Piperazine citrate (15 mg/ml)

Group-III- Petroelum ether extract (10,50,100 mg/ml.)

Group- IV- Chloroform extract (10, 50,100 mg/ml.)

Group- V- Ethanolic extract (10, 50,100 mg/ml.)

Group- VI- Hydroalcoholic extract (10, 50,100 mg/ml.)

Observations were made for the time taken to paralyze and / or death of individual worms. Paralysis was said to occur when the worms do not review even in normal saline. Death was concluded when the worms lost their motility followed with fading away of their body colour [22,23].

### **Statistical analysis**

The data on biological studies were reported as mean  $\pm$  Standard deviation (n = 6). For determining the statistical significance, standard error mean and analysis of variance (ANOVA) at 5 % level significance was employed. P < 0.05 were considered significant.

### **Results and Discussion**

Successive extract of Whole plant material of *Eupatorium odoratum* showed significant anthelmintic activity on selected worms. Ethanolic extract found to be more active as compared to remaining extracts. The Ethanolic extract demonstrated paralysis as well as death of worms in a less time as compared to piperazine citrate especially at higher concentration of 10 mg/ml in case of *Pheretima postuma*. The results are shown in Table -1. Phytochemical analysis of the successive extracts Whole plant material of *Eupatorium odoratum* revealed presence of saponin, steroids, alkaloids, tannins, polyphenols, terpenoids and flavonoids as are the chemical constituents. Results are shown in Table.-2. Tannins are polyphenolic compounds [24]. Some synthetic phenolic anthelmintics, e.g. niclosamide, oxclozanide, bithionol, nitroxynil, etc, are shown to interfere with energy generation in helminth parasites by uncoupling oxidative phosphorylation [25]. It is possible that tannins contained in the extract of *Eupatorium odoratum* produced similar effects. In another study, polyphenols from bryophytes were shown to have anthelmintic activity against *Nippostrongylus brasiliensis* [26]. Another possible anthelmintic

effect of tannins is that they can bind to free proteins in the gastrointestinal tract of host animal [27] or glycoprotein on the cuticle of the parasite [28] and cause death. Several authors have reported that an increase in the supply of digestible protein does improve the resilience and resistance of sheep to gastrointestinal nematodes [29-31]. Tannin containing plants increase the supply and absorption of digestible protein by animals [32]. This is achieved by formation of protein complexes in the rumen by tannins, which later dissociate at low pH in the abomasum to release more protein for metabolism in the small intestines of ruminant animals [33]. In addition, tannins or their metabolites have a direct effect on the viability of the preparasitic stages of helminths. Other phytochemicals reported to have an anthelmintic effect include essential oils [34], flavonoids and terpenoids [35].

**Table 1: Anthelmintic activity of whole plant of *Eupatorium odoratum***

Group	TREATMENT	CONC. (mg/ml)	PARALYSIS TIME* (min.)	DEATH TIME* (min.)
1	Vehicle	-	-	-
2	Piperazine citrate	10	23.3±0.6	27.3±0.5
3	Petroleum ether	10	123.21±0.5	138.11±0.3
		50	118.32±0.0	123.31±0.2
		100	102.03±0.4	106.81±0.2
4	Chloroform	10	111.12±0.5	152.11±0.3
		50	102.44±0.4	128.14±0.2
		100	75.0±0.4	97.48±0.1
5	Ethanollic	10	72.17±0.2	90.76±0.0
		50	45.89±0.3	55.47±0.0
		100	31.75±0.5	42.13±0.9
6	Hydroalcoholic extract	10	86.3±0.5	98.9±0.5
		50	66.22±0.5	79.4±0.2
		100	52.12±0.3	68.18±0.1

**Table 2: Phytochemical screening of *Eupatorium odoratum***

Sl. No	Tested group	Petroleum ether	Chloroform	Ethanollic	Hydroalcoholic extract
1	Steroids	+++	+++	---	---
2	Terpenoids	+++	+++	---	---
3	Alkaloids	---	+++	---	---
4	Glycosides	---	---	+++	+++
5	Phenols	---	---	+++	+++
6	Tannins	---	---	+++	+++
7	Flavonoids	---	---	+++	+++

+++ positive      --- Negative

## Conclusion

From the above results, it is concluded that Ethanollic extracts of whole plant material of *Eupatorium odoratum* showed significant anthelmintic activity. *Eupatorium odoratum* was used by tribals traditionally to treat intestinal worm infections. The experimental evidence obtained in the laboratory model could provide a rationale for the traditional use of this plant as anthelmintic. The plant may be further explored for isolation of the active constituent accountable for anthelmintic activity.

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